Word Quest 3

List 3 · Body and health

Vocabulary and example	Write it

bandage n. /ˈbændɪdʒ/

a long piece of cloth that you wrap around an injury

Family: bandages · bandaged **Use it with:** wear a bandage

The nurse put a **bandage** on my knee.

blink v. /blɪŋk/

to close and open your eyes quickly

Family: blinks · blinked **Use it with:** in the blink of an eye **Tip:** In the blink of an eye means very fast.

She didn't even **blink** when the balloon burst.

chill n./v. /tʃɪl/

a feeling of cold; also, to make something cold

Family: chills · chilled · chilly (adj.) **Use it with:** catch a chill · chill out **Tip:** Chill out (informal) means relax.

There's a **chill** in the air this morning.

choke v. /tʃəʊk/

to be unable to breathe because something is stuck in your throat

Family: chokes · choked **Use it with:** choke on

Eat slowly so you don't **choke**.

cramp n. /kræmp/

a sudden pain when a muscle gets tight

Family: cramps **Use it with:** get a cramp · stomach cramps

I got a **cramp** in my leg while swimming.

disabled adj. /ˌdɪˈseɪbld/

having an illness or injury that makes some things difficult to do

Family: disability (n.) **Use it with:** disabled access · a disabled toilet

The station has a lift for **disabled** people.

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Vocabulary and example	Write it

dose n. /dəʊs/

the amount of medicine you take at one time

Family: doses **Use it with:** a dose of · a high dose

Take one **dose** of this every six hours.

faint v./adj. /feɪnt/

to suddenly become unconscious for a short time; also, not strong

Family: faints · fainted **Use it with:** feel faint · a faint sound

He **fainted** in the heat and fell to the ground.

fatal adj. /ˈfeɪtl/

causing death

Family: fatally (adv.) **Use it with:** a fatal accident · a fatal mistake

The snake's bite can be **fatal**.

fist n. /fɪst/

your hand when your fingers are closed tightly

Family: fists **Use it with:** make a fist · shake your fist

He hit the table with his **fist**.

gut n. /gʌt/

the tube in the body that food passes through; your stomach

Family: guts **Use it with:** a gut feeling **Tip:** A "gut feeling" is something you feel is true without proof.

Yogurt is good for your **gut**.

guts n. /gʌts/

courage; also, the inside organs of the body

Use it with: have the guts to **Tip:** Informal.

It takes **guts** to stand up to a bully.

Vocabulary and example	Write it

medication n. /ˌmedɪˈkeɪʃn/

drugs or pills that a doctor gives you to treat an illness

Family: medications **Use it with:** on medication · take medication

Grandpa takes **medication** for his heart.

numb adj. /nʌm/

not able to feel anything

Family: numbness (n.) **Use it with:** go numb · feel numb **Tip:** The "b" is silent: "num".

My fingers were **numb** with cold.

overweight adj. /ˌəʊvəˈweɪt/

heavier than is healthy

Use it with: slightly overweight

The vet said our cat is **overweight**.

pregnant adj. /ˈpregnənt/

having a baby growing inside your body

Family: pregnancy (n.) **Use it with:** get pregnant · six months pregnant

My aunt is **pregnant**; the baby is due in May.

prescription n. /prɪˈskrɪpʃn/

a doctor's written order for medicine

Family: prescriptions · prescribe (v.) **Use it with:** write a prescription

You need a **prescription** for this medicine.

scar n. /skɑː/

a mark left on the skin after a cut heals

Family: scars **Use it with:** leave a scar

He has a **scar** on his chin from a bike accident.

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Vocabulary and example	Write it

strength n. /streŋθ/

how strong you are

Family: strengths · strong (adj.) **Use it with:** build strength · full strength **Tip:** Also a good quality: My strength is patience.

You need **strength** to climb that wall.

surgeon n. /ˈsɜːdʒn/

a doctor who does operations

Family: surgeons **Use it with:** a heart surgeon

The **surgeon** operated on her knee.

surgery n. /ˈsɜːdʒəri/

treatment by cutting into the body; an operation

Family: surgical (adj.) **Use it with:** have surgery · after surgery

He needs **surgery** on his shoulder.

symptom n. /ˈsɪmptəm/

a sign that you have an illness

Family: symptoms **Use it with:** have symptoms · common symptoms

A high temperature is a **symptom** of flu.

vein n. /veɪn/

one of the tubes that carry blood back to the heart

Family: veins **Use it with:** a vein in

You can see the blue **veins** in your wrist.

view n. /vjuː/

what you can see from a place; also, an opinion

Family: views **Use it with:** a view of · in my view · point of view

The hospital room had a great **view** of the lake.