Word Quest 2

List 3 · Body and health 1

Vocabulary and example	Write it

ache n./v. /eɪk/

a pain that continues for a long time

Family: aches · ached · aching **Use it with:** stomach ache · toothache · back ache **Tip:** Pronounced like “ake”.

After the long hike, I had an **ache** in both legs.

ambulance n. /ˈæmbjʊləns/

a vehicle that takes sick or hurt people to hospital

Family: ambulances **Use it with:** call an ambulance · by ambulance **Tip:** In China, the number is 120.

Call an **ambulance**! He’s hurt!

ankle n. /ˈæŋkl/

the joint between your foot and your leg

Family: ankles **Use it with:** a twisted ankle · a sprained ankle

I twisted my **ankle** playing basketball.

belly n. /ˈbelɪ/

the stomach; the front middle part of your body

Family: bellies **Use it with:** belly button · a full belly **Tip:** Informal; “stomach” is more polite.

The baby laughed when I tickled his **belly**.

bite v./n. /baɪt/

to cut into something with your teeth

Family: bites · bit · bitten **Use it with:** take a bite · a mosquito bite · bite into **Tip:** Past forms: bite, bit, have bitten.

Be careful: that dog might **bite**.

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Vocabulary and example	Write it

bleed v. /bliːd/

to lose blood from a cut

Family: bleeds · bled · blood (n.) **Use it with:** bleed badly · start to bleed **Tip:** Verb "bleed"; noun "blood".

My knee was **bleeding** after I fell off my skateboard.

blind adj. /blaɪnd/

not able to see

Family: blindness (n.) **Use it with:** go blind · colour blind

The **blind** man walked with a white stick and a guide dog.

breath n. /breθ/

the air that goes into and out of your body

Family: breathe (v.) **Use it with:** take a deep breath · out of breath · hold your breath **Tip:** Noun "breath" (short e); verb "breathe" (long e).

Take a deep **breath** before you jump into the pool.

cancer n. /ˈkænsə/

a serious disease where cells in the body grow out of control

Use it with: lung cancer · fight cancer

Smoking can cause lung **cancer**.

chin n. /tʃɪn/

the part of your face below your mouth

Family: chins **Use it with:** a double chin · chin up **Tip:** Chin up! means be brave and stay happy.

He rested his **chin** on his hand and looked out of the window.

cigarette n. /ˌsɪgəˈret/

a thin roll of tobacco that people smoke

Family: cigarettes **Use it with:** smoke a cigarette · a packet of cigarettes

My uncle stopped smoking **cigarettes** last year.

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Vocabulary and example	Write it

cure n./v. /kjʊə/

something that makes an illness go away

Family: cures · cured **Use it with:** a cure for · cure a disease

Scientists are still looking for a **cure** for the common cold.

deaf adj. /def/

not able to hear

Family: deafness (n.) **Use it with:** go deaf · deaf people **Tip:** Pronounced "def".

My grandma is a bit **deaf**, so we speak loudly.

elbow n. /'elbəʊ/

the joint in the middle of your arm

Family: elbows **Use it with:** elbow room · funny bone

I hit my **elbow** on the table, and it really hurt.

force v./n. /fɔːs/

to make someone do something they do not want to do; also, power

Family: forces · forced **Use it with:** force someone to do · by force · the air force

My mum **forced** me to wear a coat.

germ n. /dʒɜːm/

a tiny living thing that can make you ill

Family: germs **Use it with:** spread germs · kill germs

Wash your hands to kill **germs**.

grin v./n. /grɪn/

to smile widely

Family: grins · grinned **Use it with:** a big grin · grin at

He **grinned** when he saw the birthday cake.

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Vocabulary and example	Write it

headache n. /ˈhedeɪk/

a pain in your head

Family: headaches **Use it with:** have a headache · a bad headache **Tip:** One word: headache.

I have a terrible **headache**; I need some quiet.

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