Word Quest 1

List 5 · Food and drink 2

Vocabulary and example	Write it

fruit n. /fruːt/

the sweet part of a plant that has seeds, like an apple or an orange

Family: fruits **Use it with:** fresh fruit · a piece of fruit · fruit juice **Tip:** Usually uncountable: "I eat a lot of fruit."

We always have **fruit** after dinner, usually watermelon in summer.

meal n. /miːl/

food eaten at a regular time, like breakfast or dinner

Family: meals **Use it with:** have a meal · a big meal · a hot meal

Lunch is my favourite **meal** of the day.

meat n. /miːt/

the part of an animal that people cook and eat

Use it with: red meat · cook meat · a piece of meat **Tip:** Uncountable: "some meat", not "a meat". Sounds like "meet".

My cousin doesn't eat **meat**, so we cooked tofu for her.

nut n. /nʌt/

a hard fruit with a shell that grows on trees

Family: nuts · nutty (adj.) **Use it with:** peanuts · a bag of nuts

My little brother is allergic to **nuts**, so we check every snack.

oil n. /ɔɪl/

a thick liquid from plants or animals used in cooking

Family: oils · oily (adj.) **Use it with:** cooking oil · olive oil **Tip:** Oil also means petrol oil from under the ground.

Put some **oil** in the pan before you fry the egg.

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Vocabulary and example	Write it

pea n. /piː/

a small round green seed that you eat as a vegetable

Family: peas **Use it with:** green peas · pea soup

I always push the **peas** to the side of my plate.

plate n. /pleɪt/

a flat round dish that you put food on

Family: plates **Use it with:** a plate of · clean your plate

Don't put your **plate** in the sink. Wash it!

pot n. /pɒt/

a deep round container used for cooking

Family: pots **Use it with:** a pot of tea · hot pot · pots and pans

Grandma cooked soup in a huge **pot** for the whole family.

recipe n. /ˈresɪpiː/

a list of foods and steps that tells you how to cook something

Family: recipes **Use it with:** a recipe for · follow a recipe **Tip:** Say it with three parts: RE-ci-pe.

Can I have the **recipe** for these cookies? They're amazing!

restaurant n. /ˈrestrɒnt/

a place where you buy and eat a meal

Family: restaurants **Use it with:** eat at a restaurant · a fast-food restaurant

We went to a Japanese **restaurant** for my birthday.

serve v. /sɜːv/

to give food or drink to people

Family: serves · served · service (n.) **Use it with:** serve food · serve dinner

The school canteen **serves** lunch from 11:30 to 1 o'clock.

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Vocabulary and example	Write it

slice n./v. /slaɪs/

a thin flat piece cut from something

Family: slices · sliced **Use it with:** a slice of bread · a slice of cake

Can I have one more **slice** of pizza?

sugar n. /ˈʃʊgə/

a sweet white or brown food used in drinks and cakes

Family: sugary (adj.) **Use it with:** add sugar · no sugar · sugar-free

Don't put so much **sugar** in your tea!

supper n. /ˈsʌpə/

a light meal you eat in the evening

Family: suppers **Use it with:** have supper · for supper **Tip:** Some families say "supper" for their evening meal; others say "dinner".

We have a small **supper** of noodles before bed.

taste v./n. /teɪst/

to have a flavour; also, to try a little food

Family: tastes · tasted · tasty (adj.) **Use it with:** taste good · taste of · try a taste

This soup **tastes** like the sea. Did you add salt?

tea n. /tiː/

a hot drink made from dried leaves and hot water

Family: teas **Use it with:** a cup of tea · green tea · milk tea

Grandpa drinks green **tea** every afternoon.

tomato n. /təˈmɑːtəʊ/

a soft round red fruit, eaten as a vegetable

Family: tomatoes (pl.) **Use it with:** tomato sauce · tomato soup **Tip:** Plural: "tomatoes", with -es.

My favourite dish is **tomato** and egg.

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Vocabulary and example	Write it

vegetable n. /ˈvedʒɪtəbl/

a plant or part of a plant, like a carrot or cabbage, that you eat

Family: vegetables · vegetarian (n./adj.) **Use it with:** fresh vegetables · green vegetables **Tip:** Say it with three parts: VEG-ta-ble.

Eat your **vegetables** if you want dessert!

water n. /ˈwɔːtə/

the clear liquid in rivers and seas that we drink

Use it with: drink water · a glass of water · hot water **Tip:** Uncountable: “some water”, “a glass of water”.

Take a bottle of **water** to the sports day.

wine n. /waɪn/

an alcoholic drink made from grapes

Family: wines **Use it with:** red wine · white wine · a glass of wine

My uncle brought a bottle of red **wine** to Spring Festival dinner.

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