Word Quest 1

List 4 · Food and drink 1

Vocabulary and example	Write it

alcohol n. /ˈælkəhɒl/

drinks like beer and wine that can make people drunk

Family: alcoholic (adj.) **Use it with:** drink alcohol · alcohol-free **Tip:** Uncountable: “too much alcohol”, not “too many alcohols”.

Children are not allowed to buy **alcohol** in this shop.

bake v. /beɪk/

to cook food like bread or cakes in an oven

Family: bakes · baked · baking · baker (n.) · bakery (n.) **Use it with:** bake a cake · bake bread

We **baked** cookies for the class party, but half of them were black.

banana n. /bəˈnɑːnə/

a long, curved yellow fruit

Family: bananas **Use it with:** a bunch of bananas · banana milk

A **banana** is the perfect snack before a basketball game.

bean n. /biːn/

a seed that you cook and eat, often from a long green pod

Family: beans **Use it with:** green beans · coffee beans · bean sprouts **Tip:** Coffee beans are not really beans, but we still call them that.

My dad puts red **beans** in almost everything, even in ice cream.

bread n. /bred/

a basic food made from flour and water and baked

Use it with: a slice of bread · a loaf of bread · brown bread **Tip:** Uncountable: say “some bread” or “a piece of bread”, not “a bread”.

I had **bread** with peanut butter for breakfast.

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Vocabulary and example	Write it

breakfast n. /ˈbrekfəst/

the first meal of the day

Family: breakfasts **Use it with:** have breakfast · eat breakfast · for breakfast **Tip:** No “the”: “I have breakfast at 7”, not “I have the breakfast”.

I was late, so I ate my **breakfast** on the bus.

cake n. /keɪk/

a sweet food made from flour, eggs and sugar and baked

Family: cakes **Use it with:** a piece of cake · birthday cake **Tip:** It’s a piece of cake also means “it’s very easy”.

There were fourteen candles on my birthday **cake**.

carrot n. /ˈkærət/

a long orange vegetable that grows under the ground

Family: carrots **Use it with:** carrot juice · raw carrots

Our rabbit eats one **carrot** a day and still wants more.

cereal n. /ˈsɪərɪəl/

food made from grain that you eat with milk for breakfast

Family: cereals **Use it with:** a bowl of cereal · breakfast cereal **Tip:** Sounds the same as “serial”, as in a TV series.

My little brother eats chocolate **cereal** every morning.

chocolate n. /ˈtʃɒklət/

a sweet brown food made from cocoa beans

Family: chocolates **Use it with:** a bar of chocolate · hot chocolate · dark chocolate **Tip:** Hot chocolate is a warm drink.

I hid the **chocolate** in my desk, but my friend found it.

cooking n. /ˈkʊkɪŋ/

making food ready to eat

Family: cook (v./n.) · cooker (n.) **Use it with:** do the cooking · home cooking **Tip:** A “cook” is a person; a “cooker” is the machine you cook on.

Dad’s **cooking** is famous in our family, and not in a good way.

Vocabulary and example	Write it

delicious adj. /dɪˈlɪʃəs/

tasting very good

Family: deliciously (adv.) **Use it with:** a delicious meal · taste delicious **Tip:** Not “very delicious”: it already means very tasty.

Grandma’s dumplings are so **delicious** that we always ask for more.

diet n. /ˈdaɪət/

the food you usually eat; or eating less to lose weight

Family: diets **Use it with:** a healthy diet · go on a diet · be on a diet

A healthy **diet** has lots of fruit and vegetables.

dinner n. /ˈdɪnə/

the main meal, usually eaten in the evening

Family: dinners **Use it with:** have dinner · cook dinner · for dinner **Tip:** No “the”: “What’s for dinner?”

We have **dinner** together at seven every evening.

drink v./n. /drɪŋk/

to take water, juice or milk into your mouth and swallow it

Family: drinks · drank · drunk · drinking **Use it with:** drink water · a cold drink · soft drink **Tip:** Past forms: drink, drank, have drunk.

You should **drink** water after running, not cola.

eat v. /iːt/

to put food in your mouth and swallow it

Family: eats · ate · eaten · eating **Use it with:** eat breakfast · eat out · something to eat **Tip:** Past forms: eat, ate, have eaten. “Eat out” means eat at a restaurant.

Don’t **eat** in the computer room!

fat n./adj. /ˌef eɪ ˈtiː/

the oily part of food like butter or meat; also, having a big round body

Family: fatter · fattest · fatty (adj.) **Use it with:** low-fat · animal fat **Tip:** Calling a person “fat” is rude; say “big” or “a bit heavy”.

Fried chicken has a lot of **fat**, so we only eat it on Fridays.

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Vocabulary and example	Write it

flavor n. /ˈfleɪvə/

the taste of a food or drink

Family: flavors · flavored (adj.) **Use it with:** strawberry flavor · full of flavor **Tip:** American spelling; British English writes “flavour”.

Which ice-cream **flavor** do you want: green tea or mango?

flour n. /ˈflaʊə/

a white powder made from grain, used to make bread and cakes

Use it with: a bag of flour · rice flour **Tip:** Sounds exactly like “flower”.

Mum got **flour** all over the kitchen floor while making noodles.

food n. /fuːd/

things that people and animals eat

Family: foods **Use it with:** fast food · junk food · street food **Tip:** Usually uncountable: “some food”, “too much food”.

What’s your favourite **food**? Mine is hot pot.