# 10.5 Cardiovascular and respiratory pathology

Name: _____ Class: _____ Date: _____ **Total: 24 marks**

**KEY WORDS** atherosclerosis • troponin

## Objective

Read the plaque, the marker clock and the spirometry ratio.

## 1 Key knowledge and worked examples

### ■ Plaque to infarct

Injury → LDL → fatty streak → fibrolipid plaque → rupture → thrombosis → infarction ✓. Risk lives in the thin cap. Troponin: rises 3–4 h, stays ~7–10 days; CK-MB ~1–3 days.

### ■ Worked example: the ratio

FEV1 1.6 / FVC 4.0 = 0.40 < 0.70 → obstructive; FEV1 1.8 / FVC 2.0 = 0.90 with both low → restrictive ✓. Obstruction traps air; restriction shrinks both.

## 2 Practice

**2.1** The earliest visible atherosclerotic lesion? [3]

**2.2** Troponin timeline after infarction? [3]

**2.3** Give the obstructive ratio threshold. [3]

## 3 Exam-style questions

**3.1** A fictional chest-pain series: pain at 2 h (troponin normal), repeat at 6 h (troponin raised).

Explain the 2 h result (below the 3–4 h rise window) and the 6 h rise ✓. State which marker separates a SECOND event two days later (CK-MB, already fallen and rises again; troponin still elevated from the first) ✓. Give the infarct's necrosis pattern with reasoning (coagulative, solid organ) ✓. [8]

**3.2** A fictional spirometry set: patient A FEV1 1.6 L, FVC 4.0 L; patient B FEV1 1.8 L, FVC 2.0 L.

Compute both ratios (0.40; 0.90) and classify (obstructive – air trapping; restrictive – both volumes shrunk) ✓. Explain the mechanism chain for emphysema's low ratio (alveolar walls destroyed, recoil falls, airways collapse on expiration) ✓. [7]



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