

Multiple Choice Answers

Q19: C

Multiple Choice Answers

Q17: B

Multiple Choice Answers

Q19: B

Multiple Choice Answers

Q22: B

Multiple Choice Answers

Q20: A

Multiple Choice Answers

Q19: C

2	1 independent variable different intensities of exercise / different exercises / exercise for different lengths of time ; 2 dependent variable after / during, exercise measure, heart rate / pulse rate ; 3 and 4 detail of method ;; • description of named exercise of different intensities • ensuring heart rate returns to resting rate • use of a heart rate monitor 5, 6 and 7 constant variables ;;; • same speed / distance / time, of exercise • same age of people • same sex of people • same, person / fitness level / mass of person / height of person / BMI • same, place / time of day / temperature / weather 8 at least three trials / two more repeats ; 9 relevant safety precaution ;
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