1. Characteristics and classification of living organisms

Weeks 1

生物的特征与分类

They should be able to

1. Describe the characteristics of living organisms by describing: (a) movement as an action by an organism or part of an organism causing a change of position or place (b) respiration as the chemical reactions in cells that break down nutrient molecules and release energy for metabolism (c) sensitivity as the ability to detect and respond to changes in the internal or external environment (d) growth as a permanent increase in size and dry mass (e) reproduction as the processes that make more of the same kind of organism (f) excretion as the removal of the waste products of metabolism and substances in excess of requirements (g) nutrition as the taking in of materials for energy, growth and development
2. State that organisms can be classified into groups by the features that they share
3. Explain that classification systems aim to reflect evolutionary relationships [Supplement]
4. Describe a species as a group of organisms that can reproduce to produce fertile offspring
5. Describe the binomial system of naming species as an internationally agreed system in which the scientific name of an organism is made up of two parts showing the genus and species
6. Construct and use dichotomous keys based on identifiable features
7. Explain that the sequences of bases in DNA are used as a means of classification [Supplement]
8. Explain that groups of organisms which share a more recent ancestor (are more closely related) have base sequences in DNA that are more similar than those that share only a distant ancestor [Supplement]
9. State the main features used to place animals and plants into the appropriate kingdoms
10. State the main features used to place all organisms into one of the five kingdoms: animal, plant, fungus, prokaryote, protoctist [Supplement]
11. State the main features used to place organisms into groups within the animal kingdom, limited to: (a) the main groups of vertebrates: mammals, birds, reptiles, amphibians, fish (b) the main groups of arthropods: myriapods, insects, arachnids, crustaceans
12. State the main features used to place organisms into groups within the plant kingdom, limited to ferns and flowering plants (dicotyledons and monocotyledons) [Supplement]
13. Classify organisms using the features identified in 1.3.1 and 1.3.2
14. Classify organisms using the features identified in 1.3.4 and 1.3.5 [Supplement]
15. State the features of viruses, limited to a protein coat and genetic material [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 01 (10 questions, answers on sheet 2) Starter quiz 1 – past-paper questions	
Teach the new content	Handout 01 Slide deck 01 Vocabulary list 01	
Practice guided then independent	Exercise sheets 1.1, 1.2, 1.3 Past-paper sheets 1.1, 1.2, 1.3	
Check before they leave	Unit test 1 (with mark scheme)	

Stage	Use	Your notes
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

2. Organisation of the organism

Weeks 2–3

生物体的组成

They should be able to

1. Describe and compare the structure of a plant cell with an animal cell, limited to: cell wall, cell membrane, nucleus, cytoplasm, chloroplasts, ribosomes, mitochondria, vacuoles
2. Describe the structure of a bacterial cell, limited to: cell wall, cell membrane, cytoplasm, ribosomes, circular DNA, plasmids
3. Identify the cell structures listed in 2.1.1 and 2.1.2 in diagrams and images of plant, animal and bacterial cells
4. Describe the functions of the structures listed in 2.1.1 and 2.1.2 in plant, animal and bacterial cells
5. State that new cells are produced by division of existing cells
6. State that specialised cells have specific functions, limited to: (a) ciliated cells – movement of mucus in the trachea and bronchi (b) root hair cells – absorption (c) palisade mesophyll cells – photosynthesis (d) neurones – conduction of electrical impulses (e) red blood cells – transport of oxygen (f) sperm and egg cells (gametes) – reproduction
7. Describe the meaning of the terms: cell, tissue, organ, organ system and organism as illustrated by examples given in the syllabus
8. State and use the formula: magnification = image size ÷ actual size
9. Calculate magnification and size of biological specimens using millimetres as units
10. Convert measurements between millimetres (mm) and micrometres (μm) [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 02 (10 questions, answers on sheet 2) Starter quiz 2 – past-paper questions	
Teach the new content	Handout 02 Slide deck 02 Vocabulary list 02	
Practice guided then independent	Exercise sheets 2.1, 2.1.1, 2.2 Past-paper sheets 2.1, 2.2	
Check before they leave	Unit test 2 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

3. Movement into and out of cells

Weeks 4–5

物质进出细胞

They should be able to

1. Describe diffusion as the net movement of particles from a region of their higher concentration to a region of their lower concentration (i.e. down a concentration gradient), as a result of their random movement
2. State that the energy for diffusion comes from the kinetic energy of random movement of molecules and ions
3. State that some substances move into and out of cells by diffusion through the cell membrane
4. Describe the importance of diffusion of gases and solutes in living organisms
5. Investigate the factors that influence diffusion, limited to: surface area, temperature, concentration gradient and distance
6. Describe the role of water as a solvent in organisms with reference to digestion, excretion and transport
7. Describe osmosis as the net movement of water molecules from a region of higher water potential (dilute solution) to a region of lower water potential (concentrated solution), through a partially permeable membrane [Supplement]
8. State that water diffuses through partially permeable membranes by osmosis
9. State that water moves into and out of cells by osmosis through the cell membrane
10. Investigate osmosis using materials such as dialysis tubing
11. Investigate and describe the effects on plant tissues of immersing them in solutions of different concentrations
12. Explain the effects on plant cells of immersing them in solutions of different concentrations by using the terms: turgid, turgor pressure, plasmolysis, flaccid [Supplement]
13. Explain the importance of water potential and osmosis in the uptake and loss of water by organisms [Supplement]
14. State that plants are supported by the pressure of water inside the cells pressing outwards on the cell wall
15. Describe active transport as the movement of particles through a cell membrane from a region of lower concentration to a region of higher concentration (i.e. against a concentration gradient), using energy from respiration
16. Explain the importance of active transport as a process for movement of molecules or ions across membranes, including ion uptake by root hairs [Supplement]
17. State that protein carriers move molecules or ions across a membrane during active transport [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 03 (10 questions, answers on sheet 2) Starter quiz 3 – past-paper questions	
Teach the new content	Handout 03 Slide deck 03 Vocabulary list 03	
Practice guided then independent	Exercise sheets 3.1, 3.2, 3.3 Past-paper sheets 3.1, 3.2, 3.3	
Check before they leave	Unit test 3 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

4. Biological molecules

Weeks 6

生物分子

They should be able to

1. List the chemical elements that make up: carbohydrates, fats and proteins
2. State that large molecules are made from smaller molecules, limited to: (a) starch, glycogen and cellulose from glucose (b) proteins from amino acids (c) fats and oils from fatty acids and glycerol
3. Describe the use of: (a) iodine solution test for starch (b) Benedict's solution test for reducing sugars (c) biuret test for proteins (d) ethanol emulsion test for fats and oils (e) DCPIP test for vitamin C
4. Describe the structure of a DNA molecule: (a) two strands coiled together to form a double helix (b) each strand contains chemicals called bases (c) bonds between pairs of bases hold the strands together (d) the bases always pair up in the same way: A with T, and C with G (full names are not required) [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 04 (10 questions, answers on sheet 2) Starter quiz 4 – past-paper questions	
Teach the new content	Handout 04 Slide deck 04 Vocabulary list 04	
Practice guided then independent	Exercise sheets 4.1 Past-paper sheets 4.1	
Check before they leave	Unit test 4 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

5. Enzymes

Weeks 7

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They should be able to

1. Describe a catalyst as a substance that increases the rate of a chemical reaction and is not changed by the reaction
2. Describe enzymes as proteins that are involved in all metabolic reactions, where they function as biological catalysts
3. Describe why enzymes are important in all living organisms in terms of a reaction rate necessary to sustain life
4. Describe enzyme action with reference to the shape of the active site of an enzyme being complementary to its substrate and the formation of products
5. Explain enzyme action with reference to: active site, enzyme-substrate complex, substrate and product [Supplement]
6. Explain the specificity of enzymes in terms of the complementary shape and fit of the active site with the substrate [Supplement]
7. Investigate and describe the effect of changes in temperature and pH on enzyme activity with reference to optimum temperature and denaturation
8. Explain the effect of changes in temperature on enzyme activity in terms of kinetic energy, shape and fit, frequency of effective collisions and denaturation [Supplement]
9. Explain the effect of changes in pH on enzyme activity in terms of shape and fit and denaturation [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 05 (10 questions, answers on sheet 2) Starter quiz 5 – past-paper questions	
Teach the new content	Handout 05 Slide deck 05 Vocabulary list 05	
Practice guided then independent	Exercise sheets 5.1, 5.1.1 Past-paper sheets 5.1	
Check before they leave	Unit test 5 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

6. Plant nutrition

Weeks 8

植物的营养

They should be able to

1. Describe photosynthesis as the process by which plants synthesise carbohydrates from raw materials using energy from light
2. State the word equation for photosynthesis as: carbon dioxide + water → glucose + oxygen in the presence of light and chlorophyll
3. State the balanced chemical equation for photosynthesis as: $6CO_2 + 6H_2O \rightarrow C_6H_{12}O_6 + 6O_2$ [Supplement]
4. State that chlorophyll is a green pigment that is found in chloroplasts
5. State that chlorophyll transfers energy from light into energy in chemicals, for the synthesis of carbohydrates
6. Outline the subsequent use and storage of the carbohydrates made in photosynthesis, limited to: (a) starch as an energy store (b) cellulose to build cell walls (c) glucose used in respiration to provide energy (d) sucrose for transport in the phloem (e) nectar to attract insects for pollination
7. Explain the importance of: (a) nitrate ions for making amino acids (b) magnesium ions for making chlorophyll
8. Investigate the need for chlorophyll, light and carbon dioxide for photosynthesis, using appropriate controls
9. Investigate and describe the effects of varying light intensity, carbon dioxide concentration and temperature on the rate of photosynthesis
10. Investigate and describe the effect of light and dark conditions on gas exchange in an aquatic plant using hydrogencarbonate indicator solution
11. Identify and explain the limiting factors of photosynthesis in different environmental conditions [Supplement]
12. State that most leaves have a large surface area and are thin, and explain how these features are adaptations for photosynthesis
13. Identify in diagrams and images the following structures in the leaf of a dicotyledonous plant: chloroplasts, cuticle, guard cells and stomata, upper and lower epidermis, palisade mesophyll, spongy mesophyll, air spaces, vascular bundles, xylem and phloem
14. Explain how the structures listed in 6.2.2 adapt leaves for photosynthesis

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 06 (10 questions, answers on sheet 2) Starter quiz 6 – past-paper questions	
Teach the new content	Handout 06 Slide deck 06 Vocabulary list 06	
Practice guided then independent	Exercise sheets 6.1, 6.1.1, 6.2 Past-paper sheets 6.1, 6.2	
Check before they leave	Unit test 6 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

7. Human nutrition

Weeks 9–10

人体的营养

They should be able to

1. Describe what is meant by a balanced diet
2. State the principal dietary sources and describe the importance of: (a) carbohydrates (b) fats and oils (c) proteins (d) vitamins, limited to C and D (e) mineral ions, limited to calcium and iron (f) fibre (roughage) (g) water
3. State the causes of scurvy and rickets
4. Identify in diagrams and images the main organs of the digestive system, limited to: (a) alimentary canal: mouth, oesophagus, stomach, small intestine (duodenum and ileum) and large intestine (colon, rectum, anus) (b) associated organs: salivary glands, pancreas, liver and gall bladder
5. Describe the functions of the organs of the digestive system listed in 7.2.1, in relation to: (a) ingestion – the taking of substances, e.g. food and drink, into the body (b) digestion – the breakdown of food (c) absorption – the movement of nutrients from the intestines into the blood (d) assimilation – uptake and use of nutrients by cells (e) egestion – the removal of undigested food from the body as faeces
6. Describe physical digestion as the breakdown of food into smaller pieces without chemical change to the food molecules
7. State that physical digestion increases the surface area of food for the action of enzymes in chemical digestion
8. Identify in diagrams and images the types of human teeth: incisors, canines, premolars and molars
9. Describe the structure of human teeth, limited to: enamel, dentine, pulp, nerves, blood vessels and cement, and understand that teeth are embedded in bone and the gums
10. Describe the functions of the types of human teeth in physical digestion of food
11. Describe the function of the stomach in physical digestion
12. Outline the role of bile in emulsifying fats and oils to increase the surface area for chemical digestion [Supplement]
13. Describe chemical digestion as the breakdown of large insoluble molecules into small soluble molecules
14. State the role of chemical digestion in producing small soluble molecules that can be absorbed
15. Describe the functions of enzymes as follows: (a) amylase breaks down starch to simple reducing sugars (b) proteases break down protein to amino acids (c) lipase breaks down fats and oils to fatty acids and glycerol
16. Describe the digestion of starch in the digestive system: (a) amylase breaks down starch to maltose (b) maltase breaks down maltose to glucose on the membranes of the epithelium lining the small intestine [Supplement]
17. State where, in the digestive system, amylase, protease and lipase are secreted and where they act
18. Describe the digestion of protein by proteases in the digestive system: (a) pepsin breaks down protein in the acidic conditions of the stomach (b) trypsin breaks down protein in the alkaline conditions of the small intestine [Supplement]
19. Describe the functions of hydrochloric acid in gastric juice, limited to killing harmful microorganisms in food and providing an acidic pH for optimum enzyme activity
20. Explain that bile is an alkaline mixture that neutralises the acidic mixture of food and gastric juices entering the duodenum from the stomach, to provide a suitable pH for enzyme action [Supplement]
21. State that the small intestine is the region where nutrients are absorbed
22. Explain the significance of villi and microvilli in increasing the internal surface area of the small intestine [Supplement]
23. Describe the structure of a villus [Supplement]
24. Describe the roles of capillaries and lacteals in villi [Supplement]
25. State that most water is absorbed from the small intestine but that some is also absorbed from the colon

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 07 (10 questions, answers on sheet 2) Starter quiz 7 – past-paper questions	
Teach the new content	Handout 07 Slide deck 07 Vocabulary list 07	
Practice guided then independent	Exercise sheets 7.1, 7.2, 7.3, 7.4, 7.5 Past-paper sheets 7.1, 7.2, 7.3, 7.4, 7.5	
Check before they leave	Unit test 7 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

8. Transport in plants

Weeks 11

植物体内的运输

They should be able to

1. State the functions of xylem and phloem: (a) xylem – transport of water and mineral ions, and support (b) phloem – transport of sucrose and amino acids
2. Relate the structure of xylem vessels to their function, limited to: (a) thick walls with lignin (details of lignification are not required) (b) no cell contents (c) cells joined end to end with no cross walls to form a long continuous tube [Supplement]
3. Identify in diagrams and images the position of xylem and phloem as seen in sections of roots, stems and leaves of non-woody dicotyledonous plants
4. Identify in diagrams and images root hair cells and state their functions
5. State that the large surface area of root hairs increases the uptake of water and mineral ions
6. Outline the pathway taken by water through the root, stem and leaf as: root hair cells, root cortex cells, xylem, mesophyll cells
7. Investigate, using a suitable stain, the pathway of water through the above-ground parts of a plant
8. Describe transpiration as the loss of water vapour from leaves
9. State that water evaporates from the surfaces of the mesophyll cells into the air spaces and then diffuses out of the leaves through the stomata as water vapour
10. Explain how water vapour loss is related to: the large internal surface area provided by the interconnecting air spaces between mesophyll cells and the size and number of stomata [Supplement]
11. Explain the mechanism by which water moves upwards in the xylem in terms of a transpiration pull that draws up a column of water molecules, held together by forces of attraction between water molecules [Supplement]
12. Investigate and describe the effects of variation of temperature and wind speed on transpiration rate
13. Explain the effects on the rate of transpiration of varying the following factors: temperature, wind speed and humidity [Supplement]
14. Explain how and why wilting occurs [Supplement]
15. Describe translocation as the movement of sucrose and amino acids in phloem from sources to sinks [Supplement]
16. Describe: (a) sources as the parts of plants that release sucrose or amino acids (b) sinks as the parts of plants that use or store sucrose or amino acids [Supplement]
17. Explain why some parts of a plant may act as a source and a sink at different times [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 08 (10 questions, answers on sheet 2) Starter quiz 8 – past-paper questions	
Teach the new content	Handout 08 Slide deck 08 Vocabulary list 08	
Practice guided then independent	Exercise sheets 8.1, 8.2, 8.3, 8.4 Past-paper sheets 8.1, 8.2, 8.3, 8.4	
Check before they leave	Unit test 8 (with mark scheme)	

Stage	Use	Your notes
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

9. Transport in animals

Weeks 12–13

动物体内的运输

They should be able to

1. Describe the circulatory system as a system of blood vessels with a pump and valves to ensure one-way flow of blood
2. Describe the single circulation of a fish [Supplement]
3. Describe the double circulation of a mammal [Supplement]
4. Explain the advantages of a double circulation [Supplement]
5. Identify in diagrams and images the structures of the mammalian heart, limited to: muscular wall, septum, left and right ventricles, left and right atria, one-way valves and coronary arteries
6. Identify in diagrams and images the atrioventricular and semilunar valves in the mammalian heart [Supplement]
7. Explain the relative thickness of: (a) the muscle walls of the left and right ventricles (b) the muscle walls of the atria compared to those of the ventricles [Supplement]
8. Explain the importance of the septum in separating oxygenated and deoxygenated blood [Supplement]
9. Describe the functioning of the heart in terms of the contraction of muscles of the atria and ventricles and the action of the valves [Supplement]
10. State that blood is pumped away from the heart in arteries and returns to the heart in veins
11. State that the activity of the heart may be monitored by: ECG, pulse rate and listening to sounds of valves closing
12. Investigate and describe the effect of physical activity on the heart rate
13. Explain the effect of physical activity on the heart rate [Supplement]
14. Describe coronary heart disease in terms of the blockage of coronary arteries and state the possible risk factors including: diet, lack of exercise, stress, smoking, genetic predisposition, age and sex
15. Discuss the roles of diet and exercise in reducing the risk of coronary heart disease
16. Describe the structure of arteries, veins and capillaries, limited to: relative thickness of wall, diameter of the lumen and the presence of valves in veins
17. Explain how the structure of arteries and veins is related to the pressure of the blood that they transport [Supplement]
18. State the functions of capillaries
19. Explain how the structure of capillaries is related to their functions [Supplement]
20. Identify in diagrams and images the main blood vessels to and from the: (a) heart, limited to: vena cava, aorta, pulmonary artery and pulmonary vein (b) lungs, limited to: pulmonary artery and pulmonary vein (c) kidney, limited to: renal artery and renal vein
21. Identify, in diagrams and images, the main blood vessels to and from the liver as: hepatic artery, hepatic veins and hepatic portal vein [Supplement]
22. List the components of blood as: red blood cells, white blood cells, platelets and plasma
23. Identify red and white blood cells in photomicrographs and diagrams
24. Identify lymphocytes and phagocytes in photomicrographs and diagrams [Supplement]
25. State the functions of the following components of blood: (a) red blood cells in transporting oxygen, including the role of haemoglobin (b) white blood cells in phagocytosis and antibody production (c) platelets in clotting (details are not required) (d) plasma in the transport of blood cells, ions, nutrients, urea, hormones and carbon dioxide
26. State the functions of: (a) lymphocytes – antibody production (b) phagocytes – engulfing pathogens by phagocytosis [Supplement]
27. State the roles of blood clotting as preventing blood loss and the entry of pathogens
28. Describe the process of clotting as the conversion of fibrinogen to fibrin to form a mesh [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 09 (10 questions, answers on sheet 2) Starter quiz 9 – past-paper questions	
Teach the new content	Handout 09 Slide deck 09 Vocabulary list 09	
Practice guided then independent	Exercise sheets 9.1, 9.2, 9.2.1, 9.3, 9.4 Past-paper sheets 9.1, 9.2, 9.3, 9.4	
Check before they leave	Unit test 9 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

10. Diseases and immunity

Weeks 14

疾病与免疫

They should be able to

1. Describe a pathogen as a disease-causing organism
2. Describe a transmissible disease as a disease in which the pathogen can be passed from one host to another
3. State that a pathogen is transmitted: (a) by direct contact, including through blood and other body fluids (b) indirectly, including from contaminated surfaces, food, animals and air
4. Describe the body defences, limited to: skin, hairs in the nose, mucus, stomach acid and white blood cells
5. Describe active immunity as defence against a pathogen by antibody production in the body [Supplement]
6. Explain the importance of the following in controlling the spread of disease: (a) a clean water supply (b) hygienic food preparation (c) good personal hygiene (d) waste disposal (e) sewage treatment (details of the stages of sewage treatment are not required)
7. State that each pathogen has its own antigens, which have specific shapes [Supplement]
8. Describe antibodies as proteins that bind to antigens leading to direct destruction of pathogens or marking of pathogens for destruction by phagocytes [Supplement]
9. State that specific antibodies have complementary shapes which fit specific antigens [Supplement]
10. Explain that active immunity is gained after an infection by a pathogen or by vaccination [Supplement]
11. Outline the process of vaccination: (a) weakened pathogens or their antigens are put into the body (b) the antigens stimulate an immune response by lymphocytes which produce antibodies (c) memory cells are produced that give long-term immunity [Supplement]
12. Explain the role of vaccination in controlling the spread of diseases [Supplement]
13. Explain that passive immunity is a short-term defence against a pathogen by antibodies acquired from another individual, including across the placenta and in breast milk [Supplement]
14. Explain the importance of breast-feeding for the development of passive immunity in infants [Supplement]
15. State that memory cells are not produced in passive immunity [Supplement]
16. Describe cholera as a disease caused by a bacterium which is transmitted in contaminated water [Supplement]
17. Explain that the cholera bacterium produces a toxin that causes secretion of chloride ions into the small intestine, causing osmotic movement of water into the gut, causing diarrhoea, dehydration and loss of ions from the blood [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 10 (10 questions, answers on sheet 2) Starter quiz 10 – past-paper questions	
Teach the new content	Handout 10 Slide deck 10 Vocabulary list 10	
Practice guided then independent	Exercise sheets 10.1, 10.1.1 Past-paper sheets 10.1	
Check before they leave	Unit test 10 (with mark scheme)	

Stage	Use	Your notes
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

11. Gas exchange in humans

Weeks 15

人体的气体交换

They should be able to

1. Describe the features of gas exchange surfaces in humans, limited to: large surface area, thin surface, good blood supply and good ventilation with air
2. Identify in diagrams and images the following parts of the breathing system: lungs, diaphragm, ribs, intercostal muscles, larynx, trachea, bronchi, bronchioles, alveoli and associated capillaries
3. Identify in diagrams and images the internal and external intercostal muscles [Supplement]
4. State the function of cartilage in the trachea [Supplement]
5. Explain the role of the ribs, the internal and external intercostal muscles and the diaphragm in producing volume and pressure changes in the thorax leading to the ventilation of the lungs [Supplement]
6. Investigate the differences in composition between inspired and expired air using limewater as a test for carbon dioxide
7. Explain the differences in composition between inspired and expired air [Supplement]
8. Describe the differences in composition between inspired and expired air, limited to: oxygen, carbon dioxide and water vapour
9. Investigate and describe the effects of physical activity on the rate and depth of breathing
10. Explain the link between physical activity and the rate and depth of breathing in terms of: an increased carbon dioxide concentration in the blood, which is detected by the brain, leading to an increased rate and greater depth of breathing [Supplement]
11. Explain the role of goblet cells, mucus and ciliated cells in protecting the breathing system from pathogens and particles [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 11 (10 questions, answers on sheet 2) Starter quiz 11 – past-paper questions	
Teach the new content	Handout 11 Slide deck 11 Vocabulary list 11	
Practice guided then independent	Exercise sheets 11.1, 11.1.1 Past-paper sheets 11.1	
Check before they leave	Unit test 11 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

12. Respiration

Weeks 16

呼吸作用

They should be able to

1. State the uses of energy in living organisms, including: muscle contraction, protein synthesis, cell division, active transport, growth, the passage of nerve impulses and the maintenance of a constant body temperature
2. Investigate and describe the effect of temperature on respiration in yeast
3. Describe aerobic respiration as the chemical reactions in cells that use oxygen to break down nutrient molecules to release energy
4. State the word equation for aerobic respiration as: glucose + oxygen → carbon dioxide + water
5. State the balanced chemical equation for aerobic respiration as: $C_6H_{12}O_6 + 6O_2 \rightarrow 6CO_2 + 6H_2O$ [Supplement]
6. Describe anaerobic respiration as the chemical reactions in cells that break down nutrient molecules to release energy without using oxygen
7. State that anaerobic respiration releases much less energy per glucose molecule than aerobic respiration
8. State the word equation for anaerobic respiration in yeast as: glucose → alcohol + carbon dioxide
9. State the balanced chemical equation for anaerobic respiration in yeast as: $C_6H_{12}O_6 \rightarrow 2C_2H_5OH + 2CO_2$ [Supplement]
10. State the word equation for anaerobic respiration in muscles during vigorous exercise as: glucose → lactic acid
11. State that lactic acid builds up in muscles and blood during vigorous exercise causing an oxygen debt [Supplement]
12. Outline how the oxygen debt is removed after exercise, limited to: (a) continuation of fast heart rate to transport lactic acid in the blood from the muscles to the liver (b) continuation of deeper and faster breathing to supply oxygen for aerobic respiration of lactic acid (c) aerobic respiration of lactic acid in the liver [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 12 (10 questions, answers on sheet 2) Starter quiz 12 – past-paper questions	
Teach the new content	Handout 12 Slide deck 12 Vocabulary list 12	
Practice guided then independent	Exercise sheets 12.1, 12.1.1, 12.2, 12.3 Past-paper sheets 12.1, 12.3	
Check before they leave	Unit test 12 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

13. Excretion in humans

Weeks 17

人体的排泄

They should be able to

1. State that carbon dioxide is excreted through the lungs
2. State that the kidneys excrete urea and excess water and ions
3. Identify in diagrams and images the kidneys, ureters, bladder and urethra
4. Identify in diagrams and images the structure of the kidney, limited to the cortex and medulla [Supplement]
5. Outline the structure and function of a nephron and its associated blood vessels, limited to: (a) the role of the glomerulus in the filtration from the blood of water, glucose, urea and ions (b) the role of the nephron in the reabsorption of all of the glucose, some of the ions and most of the water back into the blood (c) the formation of urine containing urea, excess water and excess ions (details of these processes are not required) [Supplement]
6. Describe the role of the liver in the assimilation of amino acids by converting them to proteins [Supplement]
7. State that urea is formed in the liver from excess amino acids [Supplement]
8. Describe deamination as the removal of the nitrogen-containing part of amino acids to form urea [Supplement]
9. Explain the importance of excretion, limited to toxicity of urea [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 13 (10 questions, answers on sheet 2) Starter quiz 13 – past-paper questions	
Teach the new content	Handout 13 Slide deck 13 Vocabulary list 13	
Practice guided then independent	Exercise sheets 13.1, 13.1.1 Past-paper sheets 13.1	
Check before they leave	Unit test 13 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

14. Coordination and response

Weeks 18–19

协调与反应

They should be able to

1. State that electrical impulses travel along neurones
2. Describe the mammalian nervous system in terms of: (a) the central nervous system (CNS) consisting of the brain and the spinal cord (b) the peripheral nervous system (PNS) consisting of the nerves outside of the brain and spinal cord
3. Describe the role of the nervous system as coordination and regulation of body functions
4. Identify in diagrams and images sensory, relay and motor neurones
5. Describe a simple reflex arc in terms of: receptor, sensory neurone, relay neurone, motor neurone and effector
6. Describe a reflex action as a means of automatically and rapidly integrating and coordinating stimuli with the responses of effectors (muscles and glands)
7. Describe a synapse as a junction between two neurones
8. Describe the structure of a synapse, including the presence of vesicles containing neurotransmitter molecules, the synaptic gap and receptor proteins [Supplement]
9. Describe the events at a synapse as: (a) an impulse stimulates the release of neurotransmitter molecules from vesicles into the synaptic gap (b) the neurotransmitter molecules diffuse across the gap (c) neurotransmitter molecules bind with receptor proteins on the next neurone (d) an impulse is then stimulated in the next neurone [Supplement]
10. State that synapses ensure that impulses travel in one direction only [Supplement]
11. Describe sense organs as groups of receptor cells responding to specific stimuli: light, sound, touch, temperature and chemicals
12. Identify in diagrams and images the structures of the eye, limited to: cornea, iris, pupil, lens, retina, optic nerve and blind spot
13. Describe the function of each part of the eye, limited to: (a) cornea – refracts light (b) iris – controls how much light enters the pupil (c) lens – focuses light on to the retina (d) retina – contains light receptors, some sensitive to light of different colours (e) optic nerve – carries impulses to the brain
14. Explain the pupil reflex, limited to changes in light intensity and pupil diameter
15. Explain the pupil reflex in terms of the antagonistic action of circular and radial muscles in the iris [Supplement]
16. Explain accommodation to view near and distant objects in terms of the contraction and relaxation of the ciliary muscles, tension in the suspensory ligaments, shape of the lens and refraction of light [Supplement]
17. Describe the distribution of rods and cones in the retina of a human [Supplement]
18. Outline the function of rods and cones, limited to: (a) greater sensitivity of rods for night vision (b) three different kinds of cones, absorbing light of different colours, for colour vision [Supplement]
19. Identify in diagrams and images the position of the fovea and state its function [Supplement]
20. Describe a hormone as a chemical substance, produced by a gland and carried by the blood, which alters the activity of one or more specific target organs
21. Identify in diagrams and images specific endocrine glands and state the hormones they secrete, limited to: (a) adrenal glands and adrenaline (b) pancreas and insulin (c) testes and testosterone (d) ovaries and oestrogen
22. State that glucagon is secreted by the pancreas [Supplement]
23. Describe adrenaline as the hormone secreted in 'fight or flight' situations and its effects, limited to: (a) increased breathing rate (b) increased heart rate (c) increased pupil diameter
24. Describe the role of adrenaline in the control of metabolic activity, limited to: (a) increasing the blood glucose concentration (b) increasing heart rate [Supplement]
25. Compare nervous and hormonal control, limited to speed of action and duration of effect
26. Describe homeostasis as the maintenance of a constant internal environment
27. Explain the concept of homeostatic control by negative feedback with reference to a set point [Supplement]
28. State that insulin decreases blood glucose concentration

29. Describe the control of blood glucose concentration by the liver and the roles of insulin and glucagon [Supplement]
30. Outline the treatment of Type 1 diabetes [Supplement]
31. Identify in diagrams and images of the skin: hairs, hair erector muscles, sweat glands, receptors, sensory neurones, blood vessels and fatty tissue [Supplement]
32. Describe the maintenance of a constant internal body temperature in mammals in terms of: insulation, sweating, shivering and the role of the brain [Supplement]
33. Describe the maintenance of a constant internal body temperature in mammals in terms of vasodilation and vasoconstriction of arterioles supplying skin surface capillaries [Supplement]
34. Describe gravitropism as a response in which parts of a plant grow towards or away from gravity
35. Explain phototropism and gravitropism of a shoot as examples of the chemical control of plant growth [Supplement]
36. Describe phototropism as a response in which parts of a plant grow towards or away from the direction of the light source
37. Explain the role of auxin in controlling shoot growth, limited to: (a) auxin is made in the shoot tip (b) auxin diffuses through the plant from the shoot tip (c) auxin is unequally distributed in response to light and gravity (d) auxin stimulates cell elongation [Supplement]
38. Investigate and describe gravitropism and phototropism in shoots and roots

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 14 (10 questions, answers on sheet 2) Starter quiz 14 – past-paper questions	
Teach the new content	Handout 14 Slide deck 14 Vocabulary list 14	
Practice guided then independent	Exercise sheets 14.1, 14.2, 14.3, 14.4, 14.5 Past-paper sheets 14.1, 14.2, 14.3, 14.4, 14.5	
Check before they leave	Unit test 14 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

15. Drugs

Weeks 20

药物

They should be able to

1. Describe a drug as any substance taken into the body that modifies or affects chemical reactions in the body
2. Describe the use of antibiotics for the treatment of bacterial infections
3. State that some bacteria are resistant to antibiotics which reduces the effectiveness of antibiotics
4. Explain how using antibiotics only when essential can limit the development of resistant bacteria such as MRSA [Supplement]
5. State that antibiotics kill bacteria but do not affect viruses

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 15 (10 questions, answers on sheet 2)	
Teach the new content	Handout 15 Slide deck 15 Vocabulary list 15	
Practice guided then independent	Exercise sheets 15.1	
Check before they leave	*nothing in the Library for this stage yet*	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

16. Reproduction

Weeks 21–22

生殖

They should be able to

1. Describe asexual reproduction as a process resulting in the production of genetically identical offspring from one parent
2. Identify examples of asexual reproduction in diagrams, images and information provided
3. Discuss the advantages and disadvantages of asexual reproduction: (a) to a population of a species in the wild (b) to crop production [Supplement]
4. Describe sexual reproduction as a process involving the fusion of the nuclei of two gametes to form a zygote and the production of offspring that are genetically different from each other
5. State that nuclei of gametes are haploid and that the nucleus of a zygote is diploid [Supplement]
6. Describe fertilisation as the fusion of the nuclei of gametes
7. Discuss the advantages and disadvantages of sexual reproduction: (a) to a population of a species in the wild (b) to crop production [Supplement]
8. Identify in diagrams and images and draw the following parts of an insect-pollinated flower: sepals, petals, stamens, filaments, anthers, carpels, style, stigma, ovary and ovules
9. State the functions of the structures listed in 16.3.1
10. Identify in diagrams and images and describe the anthers and stigmas of a wind-pollinated flower
11. Distinguish between the pollen grains of insect-pollinated and wind-pollinated flowers
12. Describe pollination as the transfer of pollen grains from an anther to a stigma
13. Describe self-pollination as the transfer of pollen grains from the anther of a flower to the stigma of the same flower or a different flower on the same plant [Supplement]
14. Describe cross-pollination as the transfer of pollen grains from the anther of a flower to the stigma of a flower on a different plant of the same species [Supplement]
15. Discuss the potential effects of self-pollination and cross-pollination on a population, in terms of variation, capacity to respond to changes in the environment and reliance on pollinators [Supplement]
16. State that fertilisation occurs when a pollen nucleus fuses with a nucleus in an ovule
17. Describe the growth of the pollen tube and its entry into the ovule followed by fertilisation (details of production of endosperm and development are not required) [Supplement]
18. Describe the structural adaptations of insect-pollinated and wind-pollinated flowers
19. Investigate and describe the environmental conditions that affect germination of seeds, limited to the requirement for: water, oxygen and a suitable temperature
20. Identify on diagrams and state the functions of the following parts of the male reproductive system: testes, scrotum, sperm ducts, prostate gland, urethra and penis
21. Identify on diagrams and state the functions of the following parts of the female reproductive system: ovaries, oviducts, uterus, cervix and vagina
22. Describe fertilisation as the fusion of the nuclei from a male gamete (sperm) and a female gamete (egg cell)
23. Explain the adaptive features of sperm, limited to: flagellum, mitochondria and enzymes in the acrosome
24. Explain the adaptive features of egg cells, limited to: energy stores and the jelly coat that changes at fertilisation
25. Compare male and female gametes in terms of: size, structure, motility and numbers
26. State that in early development, the zygote forms an embryo which is a ball of cells that implants into the lining of the uterus
27. Identify on diagrams and state the functions of the following in the development of the fetus: umbilical cord, placenta, amniotic sac and amniotic fluid
28. Describe the function of the placenta and umbilical cord in relation to the exchange of dissolved nutrients, gases and excretory products between the blood of the mother and the blood of the fetus [Supplement]
29. State that some pathogens and toxins can pass across the placenta and affect the fetus [Supplement]

30. Describe the roles of testosterone and oestrogen in the development and regulation of secondary sexual characteristics during puberty
31. Describe the menstrual cycle in terms of changes in the ovaries and in the lining of the uterus
32. Describe the sites of production of oestrogen and progesterone in the menstrual cycle and in pregnancy [Supplement]
33. Explain the role of hormones in controlling the menstrual cycle and pregnancy, limited to FSH, LH, progesterone and oestrogen [Supplement]
34. Describe a sexually transmitted infection (STI) as an infection that is transmitted through sexual contact
35. State that human immunodeficiency virus (HIV) is a pathogen that causes an STI
36. State that HIV infection may lead to AIDS
37. Describe the methods of transmission of HIV
38. Explain how the spread of STIs is controlled

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 16 (10 questions, answers on sheet 2) Starter quiz 16 – past-paper questions	
Teach the new content	Handout 16 Slide deck 16 Vocabulary list 16	
Practice guided then independent	Exercise sheets 16.1, 16.2, 16.3, 16.3.1, 16.4, 16.4.1, 16.5, 16.6 Past-paper sheets 16.1, 16.3, 16.4, 16.5	
Check before they leave	Unit test 16 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

17. Inheritance

Weeks 23–24

遗传

They should be able to

1. State that chromosomes are made of DNA, which contains genetic information in the form of genes
2. Define a gene as a length of DNA that codes for a protein
3. Define an allele as an alternative form of a gene
4. Describe the inheritance of sex in humans with reference to X and Y chromosomes
5. State that the sequence of bases in a gene determines the sequence of amino acids used to make a specific protein (knowledge of the details of nucleotide structure is not required) [Supplement]
6. Explain that different sequences of amino acids give different shapes to protein molecules [Supplement]
7. Explain that DNA controls cell function by controlling the production of proteins, including enzymes, membrane carriers and receptors for neurotransmitters [Supplement]
8. Explain how a protein is made, limited to: • the gene coding for the protein remains in the nucleus • messenger RNA (mRNA) is a copy of a gene • mRNA molecules are made in the nucleus and move to the cytoplasm • the mRNA passes through ribosomes • the ribosome assembles amino acids into protein molecules • the specific sequence of amino acids is determined by the sequence of bases in the mRNA (knowledge of the details of transcription or translation is not required) [Supplement]
9. Explain that most body cells in an organism contain the same genes, but many genes in a particular cell are not expressed because the cell only makes the specific proteins it needs [Supplement]
10. Describe a haploid nucleus as a nucleus containing a single set of chromosomes [Supplement]
11. Describe a diploid nucleus as a nucleus containing two sets of chromosomes [Supplement]
12. State that in a diploid cell, there is a pair of each type of chromosome and in a human diploid cell there are 23 pairs [Supplement]
13. Describe mitosis as nuclear division giving rise to genetically identical cells (details of the stages of mitosis are not required) [Supplement]
14. State the role of mitosis in growth, repair of damaged tissues, replacement of cells and asexual reproduction [Supplement]
15. State that the exact replication of chromosomes occurs before mitosis [Supplement]
16. State that during mitosis, the copies of chromosomes separate, maintaining the chromosome number in each daughter cell [Supplement]
17. Describe stem cells as unspecialised cells that divide by mitosis to produce daughter cells that can become specialised for specific functions [Supplement]
18. State that meiosis is involved in the production of gametes [Supplement]
19. Describe meiosis as a reduction division in which the chromosome number is halved from diploid to haploid resulting in genetically different cells (details of the stages of meiosis are not required) [Supplement]
20. Describe inheritance as the transmission of genetic information from generation to generation
21. Describe genotype as the genetic make-up of an organism and in terms of the alleles present
22. Describe phenotype as the observable features of an organism
23. Describe homozygous as having two identical alleles of a particular gene
24. State that two identical homozygous individuals that breed together will be pure-breeding
25. Describe heterozygous as having two different alleles of a particular gene
26. State that a heterozygous individual will not be pure-breeding
27. Describe a dominant allele as an allele that is expressed if it is present in the genotype
28. Describe a recessive allele as an allele that is only expressed when there is no dominant allele of the gene present in the genotype
29. Interpret pedigree diagrams for the inheritance of a given characteristic

30. Use genetic diagrams to predict the results of monohybrid crosses and calculate phenotypic ratios, limited to 1:1 and 3:1 ratios
31. Explain how to use a test cross to identify an unknown genotype [Supplement]
32. Use Punnett squares in crosses which result in more than one genotype to work out and show the possible different genotypes
33. Describe codominance as a situation in which both alleles in heterozygous organisms contribute to the phenotype [Supplement]
34. Explain the inheritance of ABO blood groups: phenotypes are A, B, AB and O blood groups and alleles are I^A, I^B and I^o [Supplement]
35. Describe a sex-linked characteristic as a feature in which the gene responsible is located on a sex chromosome and that this makes the characteristic more common in one sex than in the other [Supplement]
36. Describe red-green colour blindness as an example of sex linkage [Supplement]
37. Use genetic diagrams to predict the results of monohybrid crosses involving codominance or sex linkage and calculate phenotypic ratios [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 17 (10 questions, answers on sheet 2) Starter quiz 17 – past-paper questions	
Teach the new content	Handout 17 Slide deck 17 Vocabulary list 17	
Practice guided then independent	Exercise sheets 17.1, 17.1.1, 17.2, 17.3, 17.4, 17.4.1 Past-paper sheets 17.1, 17.2, 17.3, 17.4	
Check before they leave	Unit test 17 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

18. Variation and selection

Weeks 25

变异与选择

They should be able to

1. Describe variation as differences between individuals of the same species
2. State that continuous variation results in a range of phenotypes between two extremes; examples include body length and body mass
3. State that discontinuous variation results in a limited number of phenotypes with no intermediates; examples include ABO blood groups, seed shape in peas and seed colour in peas
4. State that discontinuous variation is usually caused by genes only and continuous variation is caused by both genes and the environment
5. Investigate and describe examples of continuous and discontinuous variation
6. Describe mutation as genetic change
7. Describe gene mutation as a random change in the base sequence of DNA [Supplement]
8. State that mutation is the way in which new alleles are formed
9. State that mutation, meiosis, random mating and random fertilisation are sources of genetic variation in populations [Supplement]
10. State that ionising radiation and some chemicals increase the rate of mutation
11. Describe an adaptive feature as an inherited feature that helps an organism to survive and reproduce in its environment
12. Interpret images or other information about a species to describe its adaptive features
13. Explain the adaptive features of hydrophytes and xerophytes to their environments [Supplement]
14. Describe natural selection with reference to: (a) genetic variation within populations (b) production of many offspring (c) struggle for survival, including competition for resources (d) a greater chance of reproduction by individuals that are better adapted to the environment than others (e) these individuals pass on their alleles to the next generation
15. Describe adaptation as the process, resulting from natural selection, by which populations become more suited to their environment over many generations [Supplement]
16. Describe the development of strains of antibiotic resistant bacteria as an example of natural selection [Supplement]
17. Describe selective breeding with reference to: (a) selection by humans of individuals with desirable features (b) crossing these individuals to produce the next generation (c) selection of offspring showing the desirable features
18. Outline how selective breeding by artificial selection is carried out over many generations to improve crop plants and domesticated animals and apply this to given contexts
19. Outline the differences between natural and artificial selection [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 18 (10 questions, answers on sheet 2) Starter quiz 18 – past-paper questions	
Teach the new content	Handout 18 Slide deck 18 Vocabulary list 18	
Practice guided then independent	Exercise sheets 18.1, 18.2, 18.3 Past-paper sheets 18.1, 18.2, 18.3	

Stage	Use	Your notes
Check before they leave	Unit test 18 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

19. Organisms and their environment

Weeks 26–27

生物与环境

They should be able to

1. State that the Sun is the principal source of energy input to biological systems
2. Describe the flow of energy through living organisms, including light energy from the Sun and chemical energy in organisms, and its eventual transfer to the environment
3. Describe a food chain as showing the transfer of energy from one organism to the next, beginning with a producer
4. Construct and interpret simple food chains
5. Describe a food web as a network of interconnected food chains and interpret food webs
6. Describe a producer as an organism that makes its own organic nutrients, usually using energy from sunlight, through photosynthesis
7. Describe a consumer as an organism that gets its energy by feeding on other organisms
8. State that consumers may be classed as primary, secondary, tertiary and quaternary according to their position in a food chain
9. Describe a herbivore as an animal that gets its energy by eating plants
10. Describe a carnivore as an animal that gets its energy by eating other animals
11. Describe a decomposer as an organism that gets its energy from dead or waste organic material
12. Use food chains and food webs to describe the impact humans have through overharvesting of food species and through introducing foreign species to a habitat
13. Draw, describe and interpret pyramids of numbers and pyramids of biomass
14. Draw, describe and interpret pyramids of energy [Supplement]
15. Discuss the advantages of using a pyramid of biomass rather than a pyramid of numbers to represent a food chain
16. Discuss the advantages of using a pyramid of energy rather than pyramids of numbers or biomass to represent a food chain [Supplement]
17. Describe a trophic level as the position of an organism in a food chain, food web or ecological pyramid
18. Identify the following as the trophic levels in food webs, food chains and ecological pyramids: producers, primary consumers, secondary consumers, tertiary consumers and quaternary consumers
19. Explain why the transfer of energy from one trophic level to another is often not efficient [Supplement]
20. Explain, in terms of energy loss, why food chains usually have fewer than five trophic levels [Supplement]
21. Explain why it is more energy efficient for humans to eat crop plants than to eat livestock that have been fed on crop plants [Supplement]
22. Describe the carbon cycle, limited to: photosynthesis, respiration, feeding, decomposition, formation of fossil fuels and combustion
23. Describe the nitrogen cycle with reference to: • decomposition of plant and animal protein to ammonium ions • nitrification • nitrogen fixation by lightning and bacteria • absorption of nitrate ions by plants • production of amino acids and proteins • feeding and digestion of proteins • deamination • denitrification [Supplement]
24. State the roles of microorganisms in the nitrogen cycle, limited to: decomposition, nitrification, nitrogen fixation and denitrification (generic names of individual bacteria, e.g. Rhizobium, are not required) [Supplement]
25. Describe a population as a group of organisms of one species, living in the same area, at the same time
26. Describe a community as all of the populations of different species in an ecosystem
27. Describe an ecosystem as a unit containing the community of organisms and their environment, interacting together
28. Identify and state the factors affecting the rate of population growth for a population of an organism, limited to food supply, competition, predation and disease
29. Identify the lag, exponential (log), stationary and death phases in the sigmoid curve of population growth for a population growing in an environment with limited resources
30. Interpret graphs and diagrams of population growth

31. Explain the factors that lead to each phase in the sigmoid curve of population growth, making reference, where appropriate, to the role of limiting factors [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 19 (10 questions, answers on sheet 2) Starter quiz 19 – past-paper questions	
Teach the new content	Handout 19 Slide deck 19 Vocabulary list 19	
Practice guided then independent	Exercise sheets 19.1, 19.2, 19.2.1, 19.3, 19.4 Past-paper sheets 19.1, 19.2, 19.3, 19.4	
Check before they leave	Unit test 19 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

20. Human influences on ecosystems

Weeks 28–29

人类对生态系统的影响

They should be able to

1. Describe how humans have increased food production, limited to: (a) agricultural machinery to use larger areas of land and improve efficiency (b) chemical fertilisers to improve yields (c) insecticides to improve quality and yield (d) herbicides to reduce competition with weeds (e) selective breeding to improve production by crop plants and livestock
2. Describe the advantages and disadvantages of large-scale monocultures of crop plants
3. Describe the advantages and disadvantages of intensive livestock production
4. Describe biodiversity as the number of different species that live in an area
5. Describe the reasons for habitat destruction, including: (a) increased area for housing, crop plant production and livestock production (b) extraction of natural resources (c) freshwater and marine pollution
6. State that through altering food webs and food chains, humans can have a negative impact on habitats
7. Explain the undesirable effects of deforestation as an example of habitat destruction, to include: reducing biodiversity, extinction, loss of soil, flooding and increase of carbon dioxide in the atmosphere
8. Describe the effects of untreated sewage and excess fertiliser on aquatic ecosystems
9. Explain the process of eutrophication of water, limited to: • increased availability of nitrate and other ions • increased growth of producers • increased decomposition after death of producers • increased aerobic respiration by decomposers • reduction in dissolved oxygen • death of organisms requiring dissolved oxygen in water [Supplement]
10. Describe the effects of non-biodegradable plastics, in both aquatic and terrestrial ecosystems
11. Describe the sources and effects of pollution of the air by methane and carbon dioxide, limited to: the enhanced greenhouse effect and climate change
12. Describe a sustainable resource as one which is produced as rapidly as it is removed from the environment so that it does not run out
13. State that some resources can be conserved and managed sustainably, limited to forests and fish stocks
14. Explain how forests can be conserved using: education, protected areas, quotas and replanting [Supplement]
15. Explain how fish stocks can be conserved using: education, closed seasons, protected areas, controlled net types and mesh size, quotas and monitoring [Supplement]
16. Explain why organisms become endangered or extinct, including: climate change, habitat destruction, hunting, overharvesting, pollution and introduced species
17. Describe how endangered species can be conserved, limited to: (a) monitoring and protecting species and habitats (b) education (c) captive breeding programmes (d) seed banks
18. Describe the reasons for conservation programmes, limited to: (a) maintaining or increasing biodiversity (b) reducing extinction (c) protecting vulnerable ecosystems (d) maintaining ecosystem functions, limited to nutrient cycling and resource provision, including food, drugs, fuel and genes [Supplement]
19. Describe the use of artificial insemination (AI) and in vitro fertilisation (IVF) in captive breeding programmes [Supplement]
20. Explain the risks to a species if its population size decreases, reducing genetic variation (knowledge of genetic drift is not required) [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 20 (10 questions, answers on sheet 2) Starter quiz 20 – past-paper questions	

Stage	Use	Your notes
Teach the new content	Handout 20 Slide deck 20 Vocabulary list 20	
Practice guided then independent	Exercise sheets 20.1, 20.2, 20.3, 20.3.1, 20.4, 20.4.1 Past-paper sheets 20.1, 20.2, 20.3, 20.4	
Check before they leave	Unit test 20 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	

21. Biotechnology and genetic modification

Weeks 30

生物技术与基因改造

They should be able to

1. State that bacteria are useful in biotechnology and genetic modification due to their rapid reproduction rate and their ability to make complex molecules
2. Discuss why bacteria are useful in biotechnology and genetic modification, limited to: (a) few ethical concerns over their manipulation and growth (b) the presence of plasmids [Supplement]
3. Describe the role of anaerobic respiration in yeast during the production of ethanol for biofuels
4. Describe the role of anaerobic respiration in yeast during bread-making
5. Describe the use of pectinase in fruit juice production
6. Investigate and describe the use of biological washing powders that contain enzymes
7. Explain the use of lactase to produce lactose-free milk [Supplement]
8. Describe how fermenters can be used for the large-scale production of useful products by bacteria and fungi, including insulin, penicillin and mycoprotein [Supplement]
9. Describe and explain the conditions that need to be controlled in a fermenter, including: temperature, pH, oxygen, nutrient supply and waste products [Supplement]
10. Describe genetic modification as changing the genetic material of an organism by removing, changing or inserting individual genes
11. Outline the process of genetic modification using bacterial production of a human protein as an example, limited to: (a) isolation of the DNA making up a human gene using restriction enzymes, forming sticky ends (b) cutting of bacterial plasmid DNA with the same restriction enzymes, forming complementary sticky ends (c) insertion of human DNA into bacterial plasmid DNA using DNA ligase to form a recombinant plasmid (d) insertion of recombinant plasmids into bacteria (specific details are not required) (e) multiplication of bacteria containing recombinant plasmids (f) expression in bacteria of the human gene to make the human protein [Supplement]
12. Outline examples of genetic modification: (a) the insertion of human genes into bacteria to produce human proteins (b) the insertion of genes into crop plants to confer resistance to herbicides (c) the insertion of genes into crop plants to confer resistance to insect pests (d) the insertion of genes into crop plants to improve nutritional qualities
13. Discuss the advantages and disadvantages of genetically modifying crops, including soya, maize and rice [Supplement]

Stage	Use	Your notes
Starter 10 min · retrieval practice	Topic quiz 21 (10 questions, answers on sheet 2) Starter quiz 21 – past-paper questions	
Teach the new content	Handout 21 Slide deck 21 Vocabulary list 21	
Practice guided then independent	Exercise sheets 21.1, 21.2, 21.3 Past-paper sheets 21.2, 21.3	
Check before they leave	Unit test 21 (with mark scheme)	
Homework set from the Library	Any unused exercise sheet above Holiday homework pack	