B.2 · Forces, motion and movement

International Baccalaureate · IB Diploma · Sports, Exercise and Health Science · HL · Vocabulary in context

Word	Example
impulse /ˈɪmpʌls/	A kick gives the ball an **impulse**.
lever arm /ˈliːvə ɑːm/	A longer **lever arm** makes the door easier to open.
torque /tɔːk/	A longer spanner gives more **torque**.
centre of mass /ˈsentə ɒv mæs/	The **centre of mass** of a ruler is in its middle.
base of support /beɪs ɒv səˈpɔːt/	Spreading the feet widens the **base of support**.

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