2.1 Sociocultural approach and the options

Name: _____ Class: _____ Date: _____ **Total: 28 marks**

KEY WORDS conformity • bystander effect

Sociocultural approach and the options

Objective

Explain the individual-and-the-group findings (identity, conformity, obedience), cultural dimensions and acculturation, and apply the options kits – abnormal, developmental, health, relationships – with accurately named studies (core approach 3 with the options).

1 Key knowledge and worked examples

Sociocultural + options toolkit. SIT: categorisation, identification, comparison; Tajfel's minimal groups. Conformity (Asch ≈75% at least once, ≈37% of trials; an ally collapses it); obedience (Milgram 26/40 = 65%). Hofstede's dimensions (never for individuals); enculturation; Berry's four acculturation strategies, integration healthiest. Abnormal: Rosenhan's 8 pseudopatients, 12 hospitals, 7–52 days; depression's three-level etiology; CBT vs SSRIs. Developmental: Rutter's orphans; Sally–Anne at ~4; Marcia's statuses; metacognition. Health: Whitehall II gradient; Kiecolt–Glaser caregivers; health-belief model. Relationships: Walster's dance; Sherif's superordinate goals; Darley–Latané 85%/31%.

2 Practice

2.1 State the three processes of social identity theory and outline what Tajfel's minimal group study found. [3]

2.2 Outline Asch's (1951) findings with the two percentages, and one factor that reduces conformity. [4]

2.3 Distinguish conformity from obedience, naming the source of pressure in each. [2]

2.4 Name Berry's four acculturation strategies and state which shows the best average mental-health outcomes. [2]

2.5 Outline Steele and Aronson's (1995) stereotype-threat finding and the comparison it rests on. [4]

3 Exam-style questions

3.1 *(Essay excerpt style, abnormal option.)* Using Rosenhan (1973), discuss the validity and reliability of psychiatric diagnosis. State the procedure, two findings, and what they imply about labels. [6]

3.2 *(Option application, relationships.)* Darley and Latané's seizure study found 85% helped alone against 31% with four others. Explain diffusion of responsibility and evaluate whether "apathy" explains the result. [4]

3.3 *(Option application, health.)* Explain the socioeconomic health gradient using Whitehall II, and one implication for health promotion. [3]