

Sociocultural approach and the options

IB DP Psychology HL core approach 3 with the four options full package

1. Sociocultural and options at a glance

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IB Psychology HL core approach 3 plus the four-option menu: the individual and the group, cultural origins, cultural influences and the HL globalization extension, then abnormal, developmental, health and relationships kits - one anchor study each.

Must-know: SIT three processes with Tajfel minimal groups; Asch 75 percent at least once and about a third of trials; Milgram 26 of 40 = 65 percent; Hofstede dimensions; Berry four strategies with integration healthiest; Rosenhan 8/12/7-52 days; Rutter orphans; Sally-Anne at 4; Whitehall II gradient; Kiecolt-Glaser slow healing; Walster dance; Sherif superordinate goals; Darley-Latane 85 vs 31.

2. The individual and the group; culture

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Social identity theory: categorisation, identification, comparison - Tajfel boys favoured anonymous in-groups from a trivial split. Stereotypes are group schemas; Steele-Aronson showed stereotype threat moving test performance when ability framing was switched on. Conformity: Asch about 75 percent at least once, 37 percent of trials, collapsed by one ally. Obedience: Milgram 26 of 40 to 450 volts under graduated authority.

Culture: Hofstede dimensions describe nations, not people (ecological fallacy); enculturation transmits norms - conformity levels themselves drift by culture and decade. Acculturation: assimilation, integration, separation, marginalisation; integration carries the best outcomes. HL: globalization as acculturation at scale, with hybridity and reassertion.

3. Influences, identity and the four options

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Bicultural frame-switching with integration predicting wellbeing. Abnormal: Rosenhan (8 pseudopatients, 12 hospitals, 7-52 days, labels outliving symptoms; depression etiology on three levels; CBT comparable to SSRIs with lower relapse. Developmental: Rutter Romanian orphans (earlier adoption, better catch-up); Sally-Anne false belief at about four; Marcia identity statuses; metacognition as the learner lever.

Health: Whitehall II socioeconomic gradient; Kiecolt-Glaser caregivers healed markedly slower; health-belief model five parts predict uptake. Relationships: Walster computer dance - the partner rated attractive, not oneself, predicted liking; Sherif Robbers Cave superordinate goals reversed hostility; Darley-Latane 85 percent helped alone against 31 percent with four others - diffusion of responsibility, not apathy.

Check yourself

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SIT processes with minimal groups; stereotype threat with its control condition; conformity versus obedience by pressure source.

Dimensions with the ecological fallacy; the four acculturation strategies and the outcome gradient; HL globalization.

Abnormal: Rosenhan numbers, three-level etiology, CBT versus SSRIs.

Developmental, health and relationships anchors: orphans, Sally-Anne, Whitehall II, slow healing, health-belief model, Walster, superordinate goals, 85 versus 31.