T1 experience	T1 portfolio	T1 creativity
T1 activity	T1 service	T1 need
T1 commitment	T1 perseverance	T1 global significance

T1 The CAS strand for exploring and extending ideas into original work.	T1 A selected collection of work showing a person's development, skills or achievements.	T1 A single CAS event or activity a student takes part in.
T1 A real problem in a community that a service project addresses.	T1 Activities performed to meet people's needs or wants rather than supplying a physical good.	T1 The CAS strand for physical exertion contributing to a healthy lifestyle.
T1 Importance beyond the local, linked to world issues.	T1 Continuing despite difficulty.	T1 Sticking with a CAS experience over time.

T1 ethics	T1 collaborative	T1 reflection
T1 CAS project	T1 learning outcome	

T1 Careful consideration of an experience or action to understand it and improve future decisions.	T1 Done by working together with others.	T1 Thinking about right and wrong in one's choices and actions.
	T1 One of the seven CAS goals a student must show evidence of.	T1 A collaborative sequence of activities planned and carried out as part of creativity, activity and service.