

HSK 1 · Needs, Wellbeing and Leisure

Beginner wellbeing and leisure; classroom examples, not official exam items.

Feeling unwell, wanting fun

我不舒服 says you feel unwell; 你想做什么 ? asks about free time — and Chinese has two “can” words.

我不舒服: the role-play

The checked dialogue

A: 你怎么了? (Nǐ zěnmē le?) — What's wrong?

B: 我不舒服, 想休息。(Wǒ bù shūfu, xiǎng xiūxi.) — I don't feel well, I want to rest.

A: 好, 多休息。(Hǎo, duō xiūxi.) — OK, rest more.

会 versus 能: the two cans

会 — the skill

你会游泳吗 ? (Nǐ huì yóuyóǒng ma?) —
Can you swim (do you know how)?

能 — today's possibility

你今天能游泳吗 ? (Nǐ jīntiān néng
yóuyóǒng ma?) — Can you swim today?

Wants and likes

Pattern	Meaning	Example
想 + verb	Want to do	你想做什么？ — What do you want to do?
喜欢 + verb	Like doing	我喜欢看书。 — I like reading.
想休息	Want to rest	From the wellbeing dialogue.

Watch out: role-play is not medicine

- A language exercise about symptoms does not diagnose an illness or recommend treatment.
- 多休息 is classroom comfort in a role-play, nothing more.

Check yourself

Your turn

Which pair is right? (1) Which “can” asks about a learned skill? (2) Is 多休息 medical advice?

- A. 能; yes
- B. 会; no — role-play comfort
- C. 会; yes
- D. 能; no — role-play comfort