Treatment models and outcome evidence

GRE Subject Test · GRE Psychology · Vocabulary in context

Word	Example
common factors /ˈkɒmən ˈfæktəz/	**Common factors** may help explain improvements across different therapy groups.
counterconditioning /ˈkaʊntəkəndɪʃənɪŋ/	The case illustrates **counterconditioning** through a learned relaxation response.
spontaneous remission /spɒnˈteɪnɪəs rɪˈmɪʃn/	Some patients improve by **spontaneous remission**, with no treatment.
regression to the mean	**Regression to the mean**: very high scores tend to fall on a retest.

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