GAC029 Psychology: Additional Outcome Notes

GAC Psychology · Vocabulary in context

Word	Example
Psychology /saɪˈkɒlədʒi/	**Psychology** studies how people think, feel and act.
Functionalism /ˈfʌŋkʃənəlɪzəm/	**Functionalism** asks what the mind is for.
Behaviourism /bɪˈheɪvjərɪzəm/	**Behaviourism** studies how rewards change what we do.
Cognitive psychology /ˈkɒgnɪtɪv saɪˈkɒlədʒi/	**Cognitive psychology** studies how we think and remember.
emotion /ɪˈməʊʃn/	Fear is a strong **emotion**.
Arousal /əˈraʊzl/	**Arousal** often rises before a speech.
Personality /ˌpɜːsəˈnælɪti/	**Personality** is your usual way of thinking, feeling and acting.
trait /treɪt/	Patience is a **trait** you show in many situations.
Reinforcement /ˌriːɪnˈfɔːsmənt/	**Reinforcement** makes a behaviour happen more.
Observational learning /ɒbzəˈveɪʃənl ˈlɜːnɪŋ/	Learning a dance by watching others is **observational learning**.
Motivation /ˌməʊtɪˈveɪʃn/	**Motivation** gives us the energy to reach a goal.
Intrinsic motivation /ɪnˈtrɪnsɪk ˌməʊtɪˈveɪʃn/	Doing a puzzle for fun is **intrinsic motivation**.

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Extrinsic motivation /ekˈstrɪnsɪk ˌməʊtɪˈveɪʃn/	Working for a prize is **extrinsic motivation**.
Drive reduction /draɪv rɪˈdʌkʃn/	**Drive reduction** says we drink to stop feeling thirsty.
incentive /ɪnˈsentɪv/	A prize can be an **incentive** to work hard.
Maslow's hierarchy /ˈmæsləʊz ˈhaɪərɑːki/	**Maslow's hierarchy** puts food and safety before friendship.
Consciousness /ˈkɒnʃəsnəs/	**Consciousness** is being aware of yourself and your surroundings.
REM sleep /rem sliːp/	Most dreams happen in **REM sleep**.
non-REM sleep /nɒn rem sliːp/	Deep sleep happens during **non-REM sleep**.
circadian rhythm /sɜːˈkeɪdɪən ˈrɪðəm/	Your **circadian rhythm** makes you sleepy at night.
hippocampus /ˈhɪpəkæmpəs/	The **hippocampus** helps form new memories.
amygdala /əˈmɪgdələ/	The **amygdala** is linked to fear.
cerebellum /ˌserɪˈbeləm/	The **cerebellum** coordinates balance and movement.
brainstem /ˈbreɪnstem/	The **brainstem** controls breathing.
null hypothesis /nʌl haɪˈpɒθəsɪs/	The **null hypothesis** says there is no difference between the groups.
Operational definition /ˌɒpəˈreɪʃənl ˌdefɪˈnɪʃn/	An **operational definition** says exactly how you will measure something.