

A starting allocation over 30 teaching weeks, weighted by each topic’s number of subtopics — adjust to your own calendar. The last column lists the Library material that already covers the topic. 这是按各主题的子主题数量分配的起始教学计划, 可按实际校历调整; 最后一栏列出资料库中已有的配套材料。

Weeks	Topic	Subtopics	Library material
1–15	1. Mechanics and Materials 力学与材料	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 1.8	—
16–18	2. Waves and Electricity 波与电学	—	—
19–21	3. Practical Skills in Physics I 物理实践技能 I	—	—
22–24	4. Further Mechanics, Fields and Particles 进阶力学、场与粒子	—	—
25–27	5. Thermodynamics, Radiation, Oscillations and Cosmology 热力学、辐射、振动与宇宙学	—	—
28–30	6. Practical Skills in Physics II 物理实践技能 II	—	—