

5 Disorder and treatment: describing and helping – Part 2 —Answers

Answers

Work through these after you have tried the questions yourself.

2.1 distress; impairment of the person's functioning.

2.2 many unusual patterns cause no distress and no impairment, and the criterion is the effect on the person's life rather than rarity.

2.3 psychotherapy works through a relationship and a method of talking; biomedical therapy acts on the body, usually with medication.

2.4 for many conditions the combination works better than either alone.

2.5 benefit - access to treatment and recognition of a real difficulty; cost - stigma and being seen through the label.

2.6 the label is what makes the condition public and legible, and that same visibility is what allows both support and stigma. \