

Solutions

Each answer shows the steps, then the **result**.

2.1

- behaviour is shaped by motives outside awareness, formed largely in childhood and expressed indirectly

2.2

- repression: keeping threatening material out of awareness to reduce anxiety without addressing its cause. (Accept projection, similarly described.)

2.3

(a)

- unconditional positive regard

(b)

- it allows the client to face experience honestly without fearing rejection

3.1 B

- one's own impulse is attributed to another

3.2 B

- concepts framed so that any outcome confirms them cannot be tested

3.3

(a)

- it is an internal attitude, so it can only be inferred from behaviour

(b)

- define observable indicators and have independent raters score recorded sessions, which makes the measure explicit and checkable for agreement