

3.1 Translational Kinetic Energy

Name: _____ Class: _____ Date: _____

Total: 14 marks

KEY WORDS kinetic energy 动能 • scalar 标量 • work 功

Objective

Build the skills to answer exam questions on **translational kinetic energy**.

You must be able to:

- use **kinetic energy** 动能: $K = \frac{1}{2}mv^2$
- explain that K depends on the **square** of the speed
- find speed from kinetic energy, or kinetic energy from speed
- state that kinetic energy is a scalar (always positive or zero)

1 Worked examples

Study these first. Each one shows the method for a question type used later — follow the steps and you can do the Practice and Exam-style questions yourself.

■ The kinetic-energy formula

$$K = \frac{1}{2}mv^2.$$

A 4 kg mass at 3 m s⁻¹ has $K = \frac{1}{2}(4)(3)^2 = 18$ J.

■ The speed is squared

Because v is squared, doubling the speed multiplies the kinetic energy by four. Tripling the speed multiplies it by nine.

■ Solving for speed

Rearrange: $v = \sqrt{2K/m}$. A 2 kg object with $K = 16$ J moves at $v = \sqrt{2(16)/2} = 4$ m s⁻¹.

2 Practice

Now apply the methods above.

2.1 A 2 kg ball moves at 5 m s⁻¹. Find its kinetic energy. [2]

2.2 If a car's speed doubles, by what factor does its kinetic energy change? [1]

2.3 A 6 kg object has $K = 12$ J. Find its speed. [2]

2.4 Can kinetic energy be negative? Answer yes or no, with a reason. [1]

3 Exam-style questions

3.1 Kinetic energy is given by [1]

- | | |
|---|---|
| A | B |
| C | D |
- A mv
 B $\frac{1}{2}mv^2$
 C mgh
 D $\frac{1}{2}kx^2$

3.2 Tripling an object's speed multiplies its kinetic energy by [1]

- | | |
|---|---|
| A | B |
| C | D |
- A 3
 B 6
 C 9
 D 1/3

3.3 A 1500 kg car travels at 20 m s^{-1} .

(a) Find its kinetic energy. [2]

(b) State its kinetic energy if the speed rises to 40 m s^{-1} . [1]

3.4 A 0.2 kg ball has 10 J of kinetic energy.

(a) Find its speed. [2]

(b) State whether the direction of motion changes the kinetic energy. [1]