

2.8 Spring Forces

Name: _____ Class: _____ Date: _____

Total: 11 marks

KEY WORDS spring constant 弹簧常数 • slope 斜率 • hooke's law 胡克定律
• restoring force 回复力 • force 力

Objective

Build the skills to answer exam questions on **spring forces**.

You must be able to:

- state **Hooke's law** 胡克定律, $F_s = -k \Delta x$
- define the **spring constant** 弹簧常数 k as a measure of stiffness
- explain that the spring force is a **restoring force** 回复力 directed opposite to the displacement
- find k from the **slope** 斜率 of a force-versus-displacement graph

1 Worked examples

Study these first. Each one shows the method for a question type used later.

■ Hooke's law

$F_s = -k \Delta x$: the restoring force is proportional to the stretch or compression Δx from the natural length, and points **back toward equilibrium**. The magnitude is $|F_s| = k |\Delta x|$.

■ Finding the spring constant

A force of 6.0 N stretches a spring by 0.020 m: $k = \frac{F}{\Delta x} = \frac{6.0}{0.020} = 300 \text{ N m}^{-1}$.

■ Reading a force-extension graph

For a spring that obeys Hooke's law, force vs extension is a straight line through the origin; its **slope is k** . A steeper line means a stiffer spring.

2 Practice

2.1 A spring is stretched 0.10 m by a force of 25 N. Find its spring constant. [2]

2.2 State the direction of the spring force when a spring is **compressed**. [1]

2.3 A spring has $k = 400 \text{ N m}^{-1}$. Find the force needed to stretch it 0.05 m. [1]

2.4 Two springs have force-extension graphs; spring P has a steeper line than spring Q. State which is stiffer. [1]

3 Exam-style questions

3.1 The negative sign in $F_s = -k \Delta x$ shows that the spring force [1]

A	B
C	D

A is always downward

B opposes the displacement from equilibrium

C decreases with time

D is a contact force

3.2 A force of 12 N stretches a spring 0.03 m. Its spring constant is [1]

A	B
C	D

A 0.36 N m^{-1}

B 4.0 N m^{-1}

C 36 N m^{-1}

D 400 N m^{-1}

3.3 A spring hangs vertically. Adding a 2.0 kg mass stretches it 0.08 m (take $g = 10 \text{ m s}^{-2}$).

(a) Find the spring constant. [2]

(b) Find the extension produced by a 5.0 kg mass. [2]