

6.1 Endothermic and Exothermic Processes

Name: _____ Class: _____ Date: _____

Total: 9 marks

KEY WORDS endothermic 吸热 • exothermic 放热 • heat 热量

Objective

Build the skills to answer exam questions on **endothermic and exothermic processes**.

You must be able to:

- classify a process as **exothermic** 放热 ($\Delta H < 0$) or **endothermic** 吸热 ($\Delta H > 0$)
- link the sign of ΔH to heat released or absorbed
- relate bond breaking/forming to energy

1 Worked examples

Study these first. Each one shows the method for a question type used later — follow the steps and you can do the Practice and Exam-style questions yourself.

■ Exo vs endo

- **Exothermic** — releases heat to the surroundings; $\Delta H < 0$; surroundings warm up.
- **Endothermic** — absorbs heat from the surroundings; $\Delta H > 0$; surroundings cool down.

■ Bonds and energy

Breaking bonds **absorbs** energy; **forming** bonds **releases** energy. If more energy is released (forming) than absorbed (breaking), the reaction is exothermic.

■ A worked judgement

Combustion feels hot → releases heat → **exothermic**, $\Delta H < 0$. A cold pack that gets cold when mixed → absorbs heat → **endothermic**, $\Delta H > 0$.

■ Sign convention

ΔH is written from the system's view: negative when the system **loses** energy (exothermic), positive when it **gains** energy (endothermic).

2 Practice

Now apply the methods above.

2.1 State the sign of ΔH for an exothermic reaction. [1]

2.2 A reaction makes the beaker feel cold. Classify it. [1]

2.3 Does breaking a bond absorb or release energy? [1]

3 Exam-style questions

3.1 An endothermic reaction has [1]

A	B
C	D

A $\Delta H < 0$ and releases heat

B $\Delta H > 0$ and absorbs heat

C $\Delta H = 0$

D no energy change

3.2 When ammonium nitrate dissolves in water, the solution gets colder.

(a) Classify the process and give the sign of ΔH . [2]

(b) State the direction of heat flow (system $\leftrightarrow$ surroundings). [1]

3.3 Explain, in terms of bond breaking and forming, why combustion is exothermic. [2]