

1.1 Structure of Water and Hydrogen Bonding

Name: _____ Class: _____ Date: _____

Total: 10 marks

KEY WORDS polar 极性 • hydrogen bonds 氢键 • specific heat 比热容 • cohesion 内聚力
• adhesion 附着力

Objective

Build the skills to answer exam questions on **water and hydrogen bonding** — the properties that support life.

You must be able to:

- explain that water is **polar** 极性 and forms **hydrogen bonds** 氢键
- link hydrogen bonding to cohesion, adhesion, high specific heat, and being a solvent
- connect each property to a biological role

1 Worked examples

Study these first. Each one shows the method for a question type used later — follow the steps and you can do the Practice and Exam-style questions yourself.

■ Polarity and hydrogen bonds

Water's oxygen pulls electrons more strongly than its hydrogens, giving a slightly negative O and slightly positive H (**polar**). These opposite charges attract, forming **hydrogen bonds** between water molecules.

■ Cohesion and adhesion

Cohesion (water sticking to water) gives surface tension and lets water columns rise in plants; **adhesion** (water sticking to other surfaces) helps water climb narrow tubes (capillary action).

■ High specific heat

Hydrogen bonds resist temperature change, so water has a **high specific heat** — it stabilizes the temperature of cells, organisms, and habitats.

■ Universal solvent

Because it is polar, water dissolves polar and ionic substances (a **solvent**), so most biological reactions happen in aqueous solution.

2 Practice

Now apply the methods above.

2.1 Why is water described as polar? [1]

2.2 Name the bond that forms between two water molecules. [1]

2.3 State one biological benefit of water's high specific heat. [1]

3 Exam-style questions

3.1 Water can dissolve many substances because it is [1]

A	B
C	D

A nonpolar

B polar

C acidic

D a gas

3.2 Water rises up the xylem of a tall tree.

(a) Name the two properties of water involved. [2]

(b) Explain how hydrogen bonding causes cohesion. [2]

3.3 Explain how water's high specific heat helps organisms survive changes in environmental temperature. [2]