

8.1 The circulatory system

Name: _____ Class: _____ Date: _____ Total: 11 marks

KEY WORDS blood vessel • capillary • vein • artery
• tissue fluid

Objective

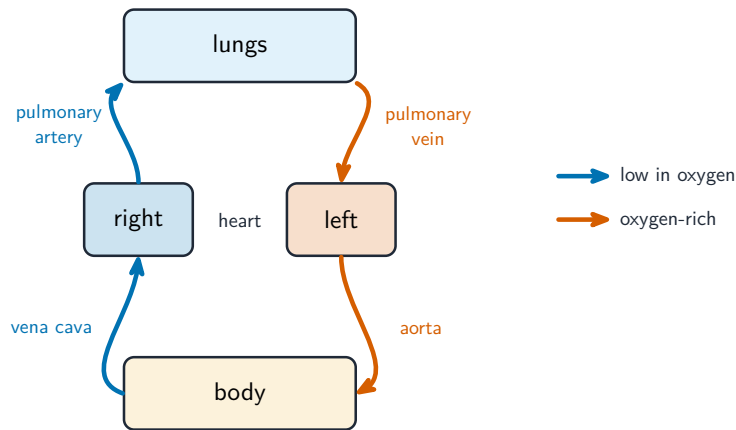
Build the skills to answer exam questions on **the circulatory system** – the **double circulation**, the structure of blood vessels, and the formation of **tissue fluid**.

You must be able to:

- describe the closed double circulation and the functions of the main vessels
- relate the structure of arteries, veins and capillaries to their functions
- describe the formation of tissue fluid in a capillary network

1 Key knowledge and worked examples

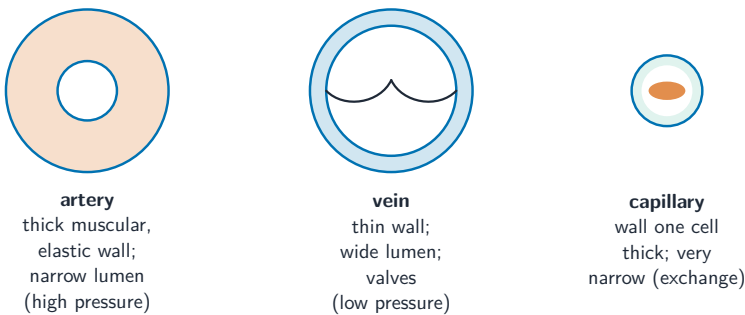
Double circulation



Pulmonary loop to the lungs, systemic loop to the body; blood passes through the heart twice

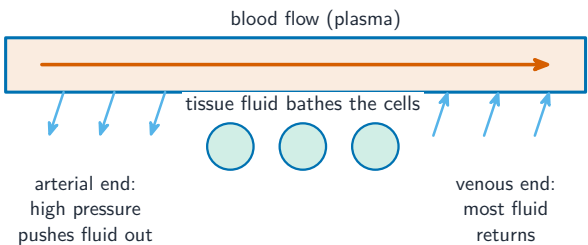
Main vessels: **pulmonary artery** (heart → lungs, low O₂); **pulmonary vein** (lungs → heart, high O₂); **aorta** (heart → body); **vena cava** (body → heart).

Vessel structure and function



Artery: thick wall, narrow lumen. Vein: thin wall, wide lumen, valves. Capillary: one cell thick.

Tissue fluid



High pressure at the arterial end forces fluid out as tissue fluid; most returns at the venous end

At the arterial end the high blood pressure forces plasma (not cells or large proteins) out of the capillary to form **tissue fluid**, which supplies cells with O₂ and glucose. Most returns at the lower-pressure venous end.

2 Practice

2.1 Name the vessel that carries oxygen-rich blood from the lungs to the heart. [1]

2.2 Explain why an artery has a thick wall of elastic fibres. [2]

3 Exam-style questions

3.1 Which feature is found in veins but **not** in arteries? [1]

☐

A a muscular wall

B valves

C a lumen

D an endothelium

3.2 Why is a capillary wall only one cell thick? [1]

☐

A to carry blood at high pressure

B to give a short diffusion distance for exchange

C to prevent backflow

D to store tissue fluid

3.3 (a) Describe how tissue fluid is formed at the arterial end of a capillary. [3]

(b) State **two** substances that pass from the tissue fluid into the body cells. [1]

3.4 Explain why most tissue fluid returns to the capillary at the venous end. [2]

Solutions

Each answer shows the steps, then the **result**.

2.1

- the pulmonary vein

2.2

- the elastic wall stretches when the heart pumps and recoils between beats, smoothing the high-pressure flow / maintaining pressure

3.1 B

- Veins have valves to prevent backflow; arteries do not

3.2 B

- A one-cell-thick wall gives a short diffusion distance for exchange

3.3

(a)

- at the arterial end the blood (hydrostatic) pressure is high; this forces plasma/fluid out through the capillary wall; cells and large plasma proteins stay in

(b)

- oxygen and glucose

3.4

- at the venous end the blood pressure is lower; and the plasma proteins left behind lower the water potential, so water returns by osmosis